



Amber Carroll, LCSW

**Clinician at Innovative
Social Solutions, LLC**

Amber Carroll, LCSW, holds a Master of Social Work degree from Boston University, as well as certifications in The Body Project and Trauma Focused Cognitive Behavioral Therapy. Amber has worked in the fields of social work and psychology for 10 years with a focus on serving youth and young adults to support not only survival but thriving. Amber is a published researcher in areas of resiliency and vulnerability to environmental stressors and carries their research-minded process into daily sessions with mental health therapy clients. Amber's current work as a mental health therapist integrates more than 10 years of experience in Nonviolent Communication as an empathy coach, assistant trainer, and trainer. Amber supports a wide variety of clients with specializations in LGBTQIA+ adults, couples, and young people.

The **EQUALITY** Fund
AT THE BOSTON FOUNDATION

