

The Infant-Parent Training Institute (IPTI) offers integrated clinical and theoretical training in infant mental health. IPTI is a unique resource for providing multidisciplinary training to direct care staff, supervisors, and program directors. Professionals trained at IPTI bring a focus on the social-emotional health of the infant-parent relationship back to their work in human service agencies, early intervention programs, hospitals, early child care centers, and private practices.



Infant-Parent Clinical Fellowship

The Clinical Fellowship program is committed to providing in-depth training in a seminar format, with additional emphasis on professional development, mentoring, and networking. The two-year sequence, coupled with the Infant Observation Course, is designed to provide an intensive, growth promoting training experience. The experienced faculty and small cohort provide continuity throughout the training years.

First Year:

- The Infant-Parent Development seminar explores theory and research from seminal thinkers in the field towards building a strong foundation in the understanding of development of infants, parents, and their relationships.
- The Integrative seminar focuses on the clinical application of infant mental health concepts, building bridges between theoretical ideas and the world of professional practice.
- Infant Observation seminar builds a foundation for understanding early development and the parent-child relationship.

Second Year:

- Assessment and Intervention with Parents and Infants includes the assessment of infants, parents, and relationships; treatment of parent-child dyads; and working with specific populations such as teen mothers, daycare providers, and foster families. Clinical work and supervision are also part of the second year.

The Fellowship meets on alternate Friday mornings, September to early June.

"I have been doing clinical work for 20 years, but this program has been an integration of not just all I know clinically, but all I know. It has been a deeply personal, professional, emotional, intellectual and interpersonal journey."

~ Fellowship Graduate

See reverse side for more

Infant Observation Course

(Infant Observation is a required component of the Fellowship but may also be taken as a free-standing course.)

Observing infants over time in their family setting forms the foundation for understanding early development and the parent-child relationship. The experience of close observation builds awareness of the observer's internal experiences and responses, a critical base for therapeutic work. Observers become sensitized to intricate aspects of infant behavior and parent-infant interaction. The seminar is a small (maximum of five students) and supportive learning environment, meeting twice a month to discuss material from the weekly in-home observations of a mother and infant.

Why Study with IPTI?

- Exceptional faculty with expertise in clinical work with very young children and parents
- Immersion in the latest research from fields of attachment, development, neurobiology, and trauma with emphasis on integration with practice
- Small classes (no more than 12) with opportunities for practice-based discussion
- Reflective mentoring and supervision
- Community of colleagues with common interests and diverse perspectives
- Infant Observation as a core clinical experience

Visit www.jfcsboston.org/IPTI for other courses offered through the Infant-Parent Training Institute.

For information about our course offerings, please contact Judy Semonoff at jsemonoff@jfcsboston.org or 781-693-1410.

The Infant-Parent Training Institute is a Training Affiliate of the Cambridge Health Alliance Department of Psychiatry, which is a teaching hospital of Harvard Medical School.